

Meaningful Place
Workshop on Setting by Lori Weber

1. Close your eyes and imagine yourself somewhere that really means something special to you. It could be a place you have been to many times, or a place you have only been to once. It could be an outdoor or indoor place. It could be related to your family life, or something much more solitary. Really picture it, in detail, using all five of your senses. Imagine yourself back there, just sitting down, or walking around taking it all in.

2. Now, write a description of your special place, once again focusing on all five senses. Try to capture how it looks, smells, sounds, feels, and even tastes. Use lots of nouns: concrete language. Use some imagery created by metaphors and similes. Ex: *the sky was as colourful as* or *the sound of the wind was like*

3. Finally, write a reflective paragraph about why you think this place means so much to you. Did something happen there that changed your life or your way of seeing yourself in the world?

4. If you can, draw your place, or even part of it, trying to capture some of its descriptive qualities.